

RESOURCES LIST (Outpatient)

Troy

AWAKEN Holistic –334-625-1340 (Buffie M. Williams, LPC NCC) AWAKENholistic.org

C. Booker Counseling & Consulting - (Supervising LPC) – 334-670-2728

East Central Mental Health - 334-566-6022

Mental Wellness Center - 334-566-9800 (Dr. Heather Hartwell) Southern Health Associates Practice

Warren Behavioral Care, Inc. - 334-808-8991

Montgomery

LaJessie Arrington, Ed S, NCC LBSW – 334-239-8328o, 334-318-1182c

Craig Bynum, M.S. LPC NCC - 334-669-2696

Dr. Rosemary Jones, PhD, Psychologist - 334-260-8299

Grace Point Behavioral- Caroline Abolade, M.D Phone: 334 409 9242, Fax: 334 409 9186

Montgomery Psychiatry Associates (MPA) - 334-288-9009

River Region Psychiatry www.RiverRegionPsychiatry.com - 334-270-5502

Samaritan Counseling - (income based/sliding fee scale) - 334-262-7787

Dothan

Carol Dean, LPC or Ray Little, LPC - Counseling Resources of Dothan - 334- 671-1280

Carol Rheingans, LPC - 334-699-6833

Counseling Services of Dothan - 334-794-2113

Living Waters Counseling Center, (income based/sliding scale) - 334-693-3380

Toni Cannon, LPC - Child and Family Services - 334-793-2237

Wiregrass Wellness - 334-673-8869

Alcohol & Substance Abuse

Bradford Health Services-Montgomery - 800-873-2887, 334-244-0702

New Hopes Detoxification and Rehab - Union Springs - 334-738-2140 ext. 1458

NEWVISION, Dale Medical Center - Ozark 334-443-0210

Online Therapy Options

www.talkspace.com

Domestic Abuse- House of Ruth

334-793-5214

Art/Play Therapy

Shirly Johnson (upon request)

Alternative Treatment - Infusion Wellness Center -334-296-1662 (ADD/ADHD, Addiction, Anxiety, Depression, Headaches, Post Traumatic Stress Disorder, etc.

Sexual Violence & Abuse - Mental Health & Well-Being - Self-Harm & Suicide <https://www.wannatalkaboutit.com/>

Inpatient

COPE (Centers of Psychiatric Excellence) - 1 (833) COPE-NOW / (1-833-267-3669) www.copepsychiatry.com

Cross Bridge Behavioral Health-Montgomery - 334-286-3116

Gateway Behavioral Unit-Union Springs - 334-738-2140 ext. 1458

Southeast Alabama Medical Center Behavioral Medicine- Dothan - 334-793-8111

This serves as a directory list only. No recommendations, guarantees or endorsements are made regarding the quality of service you might expect from any of the professionals or businesses listed.

Aging and senior care community resources in Montgomery

<https://www.caring.com/senior-living/assisted-living/alabama/montgomery>

<https://www.assistedliving.org/alabama/>